

\*Photo of Dawn on Boomer Lake by our very own Julie Kelly.



## Is Hosting

## Palliative Care Information Session Sunday March 3, 2019 2:00-4:00 pm



Facilitated by Amanda Schultz APRN, C-NP, ACHPN, AE Palliative Care Coordinator, Baptist Integris Medical Center



As a community we are committed to having a good time AND learning and talking about more serious life issues. We also want to provide information for the greater Stillwater + community.

Come join us for this event.

Call 918 260-4728 and register on voice mail



One of the responsibilities of the Community Wellbeing Team (CWBT) is to plan a workshop/event for the community which will enhance our lives at Oakcreek. in the past we have had weekend or 1-day workshops--with a guest speaker. This year we tried something a bit different. the objectives were to have fun, to get to know each other better (especially new members) and to understand how we work together and how we might work better. Chili from each of 5-teams was great and all 3 objectives were met. And the whole community was the winner!















## May 30-June 2, 2019

- Connect with other cohousers
- Share ideas/strategies
- Have a good time

Oakcreek Community recognizes the strength of belonging to and participating in the larger cohousing community. Every year we support registration and travel to the national or regional meeting for several members.



Stone Soup and Cohousing A Match Made in Heaven!

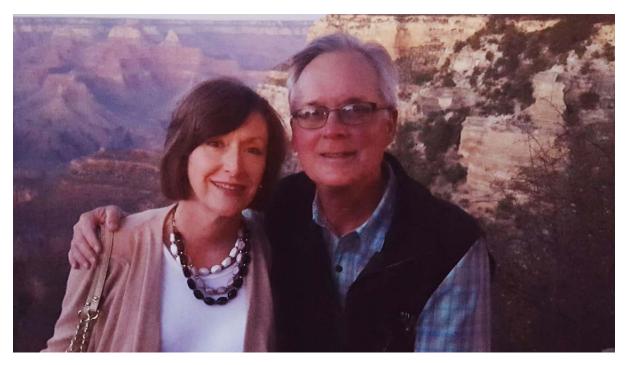
Stone Soup is an old folk story in which hungry strangers convince the people of a town to each share a small amount of their food to make a meal that everyone enjoys, and exists as a moral regarding the value of sharing.

Of course, in cohousing we share more than just food--sharing stories, work, fun, ideas, skills, knowledge--sadness and joy.

It is always a feast--and every person has something important to contribute.

Sorry: No Vacancy

All Oakcreek homes are occupied. We would be happy to put your contact information on our Interested List if you want to be notified when a home becomes available. Click Here.



Mark and Tracy may vacation on the rim but they now live at Oakcreek and are GREAT new neighbors!

Don't miss the Palliative Care Information Session!

Palliative Care is an interdisciplinary approach to specialized medical and nursing care for people of all ages with life-limiting illnesses. Palliative care is **NOT** reserved for end-of-life care and can improve quality of life. The video "DEFINING HOPE" will be shown followed by facilitated discussion with Amanda Schultz. This presentation will be informative; addressing questions such as:

WHAT KIND OF CARE WOULD YOU (OR A LOVED ONE) WANT IF YOU EXPERIENCED A LIFE- LIMITING ILLNESS OR ACCIDENT?

HOW WOULD YOU ENSURE THAT YOUR WISHES ARE FOLLOWED?

HOW WOULD YOU COMMUNICATE THIS WITH FAMILY OR FRIENDS?.

This is a FREE presentation but registration is requested. Please call 918-260-4728 and register on voicemail.

SUNDAY MARCH 3, 2019 2-4PM



Click on the above picture to view an interview and video tour of OAKCREEK by Michael Brooks of KOKH FOX25NEWS. It originally aired on January 31, 2019.



Come Visit.



Keep the faith...Spring is coming!

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